

The Kendalight

Kendal at Oberlin Residents Association

April 2024

Volume XXXI, Number 4



From Seth Vilensky...

As I write my first article for *The Kendalight* – on Day 50 at Kendal – it feels both brand new and comfortably familiar. I am learning so much about our tremendous community every day and, at the same time, I feel like I’ve come home. I want to thank you for welcoming me to the Kendal family. My first days have been filled with a lot of learning, listening, and getting to know everybody.

I recently shared three observations with staff as I reflected on my first weeks at Kendal at Oberlin. I called it the 3 Ps:

- **Pride in work:** Staff are striving for excellence in all their work and I see this every day. This extends to the residents who share pride in making Kendal at Oberlin the best.
- **Partnership:** Teamwork makes the dreamwork (as they say). We share the value of “community” and working together is natural here.
- **Potential:** With a solid foundation, the fun work ahead will be imagining what is possible -- to reach more people, improve our services, better the lives of our staff and residents, and continue to be a leader in the field of healthy aging.

What will Kendal at Oberlin look like in the next decade (or decades) and what do we need to do today to achieve our vision?

As I think about my relationship with residents, I would like to add two additional Ps: **Passion** and **Psyched**.

Clearly, residents are passionate about many things at Kendal. The KORA Opportunity Fair showcased dozens of activities! Residents are psyched to keep learning and growing, and I am ecstatic to be a part of the Kendal family. This is an inspiring place indeed.

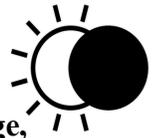
~Seth Vilensky, CEO, Kendal at Oberlin

Total Solar Eclipse

Mon., Apr. 8

1:00–4:00pm

Outside, Heiser Lounge,
AUD, WSCC



It’s been decades since Ohio experienced a *Total Solar Eclipse*, and Lorain County is directly in the path of totality. Gather with friends to celebrate this rare event.

Viewing Glasses will be in your Heiser open mailbox on Wednesday, April 3. Michele and her team will distribute glasses in Stephens. Each resident, staff, and Priority member will receive one pair. Purchase extra viewing glasses at local stores or online for visiting friends and family.

WSCC will show a documentary about the science of an eclipse at 1:00pm, followed by NASA’s live coverage at 2:00pm. Thank you, Michele Tarsitano-Amato!

Light refreshments will be served in the Heiser Lounge and Stephens.

Viewing areas include: in front of the Heiser entrance, on the Serpentine walkway, and in the Stephens’ Greenleaf Garden. **If overcast**, visit the auditorium, WSCC, or <https://science.nasa.gov/eclipses/future-eclipses/eclipse-2024/live>.

Be safe! Staying close to Kendal is the safest way to enjoy the eclipse. Local officials anticipate heavy traffic, especially immediately following the time of totality (around 3:30pm). Be prepared! Plan your errands before or after April 8. And don’t be surprised if cellular service is at peak demand that day. Let’s hope for sunshine and mild temperatures!

~Terry Kovach

Artist Recital Series Finishes 2023–2024 Season 🎭

Fri., April 26, 7:30pm, Finney. *Silkwood Ensemble: Uplifted Voices*. For tickets, call the Eric Baker Nord Performing Arts Annex at 800-371-0178. Senior discounted tickets are \$30 per concert. **Sign up for the Kendal bus.**

COFFEE HOUR WITH
SETH VILENSKY

WED., APRIL 10 - 9:30AM
LANGSTON, ZOOM, KOTV

AFTERNOON EXCHANGE
SETH VILENSKY

WED., APRIL 24 - 4:00PM
AUD, KOTV



I think we Kendalites have a deep sense of appreciation for the privilege of living in this community during this dynamic phase of our lives.

We express this gratitude through our amazing generosity. We are generous with our time, as is illustrated by the report of the number of volunteer hours we offer here on campus and throughout the broader community.

We are generous with our talent. Just look at all of the activities and programs made possible by our willingness to share our leadership and creativity!

We are exceptionally generous with our love and support for each other; we each have been the beneficiaries of our neighbors' kindness and care.

And we are exceptionally generous with our monetary resources. Each year we residents receive four authorized appeals: three from KORA, and one from KaO. We have a firm no-tipping policy. Instead we have two opportunities to express our appreciation to the front-line staff who do so much for us.

In May, we will be asked to contribute to the Staff Vacation Fund, and in November, to the Staff Holiday Fund. In September we are asked to donate to the KORA annual budget, which supports all our resident programs and activities.

The fourth annual appeal will come from Kendal at Oberlin in October to fund KaO's benevolent concerns, including the Resident Assistance Fund.

I invite you to give as generously as you are able to each of these appeals.

~Rollin Conway, KORA President 2024

Next KORA Council Meeting
Thurs., April 18 - 10:00am
AUD, KOTV



Call 440-775-9868 for announcements and menus of the day.

Life-Long Learning Classes in Heiser Auditorium

Auditorium doors will close at 10:35am. Please use the KORA website calendar to register for the course (instructions distributed earlier). If you are unable to do so, contact Kari Inglis to register BEFORE the first session.

Same-Sex Desire in Classical Literature. Tues., April 9 and 16, 10:30am–12:00pm, AUD only. Kirk Ormand, Oberlin College Professor of Classics, presents a two-session course looking at ways our understanding of “Greek and Roman homosexuality” has changed over the last 30 years.

Since the late 19th century, the undisputed fact that the Greeks and Romans approved of, and participated in, homoerotic sex has been posited as a “problem” (cf. John Addington Symonds’ *A Problem in Greek Ethics*). The study of Greco-Roman sexual culture, however, took a radical turn when Michel Foucault made it the centerpiece of volumes 2 and 3 of his 4-volume *History of Sexuality*. In those works, Foucault argued that the Greeks and Romans did not use our modern categories of homo- and hetero-sexual and did not consider homoerotic desire to be fundamentally different from heteroerotic desire.

We will examine several primary texts and discuss the ways that our understanding of “Greek and Roman homosexuality” has changed fundamentally. No knowledge of Foucault required!

Texts: *Love Poetry* of Sappho and Theognis; Plato’s *Symposium* (excerpts); Lucian’s *Dialogues of the Courtesans* 5, coupled with the story of Iphis from Ovid’s *Metamorphoses*.



Spring Fling!

Sat., April 27 - 7:15pm
AUD, KOTV, Fox & Fell

In Praise of Pollinators will begin with a Parade of Bees, Hummingbirds, and Butterflies. If YOU are interested in participating, contact Catharina Caldwell. We have a number of butterfly and bee costumes kindly loaned to us by Kate Pilacky at the Land Conservancy. Of course, you can use your own creativity to make a costume.

The program will feature our three main dance groups, several wonderful poetry readings and narratives, and beautiful music.

Following the program, join the Paraders, Presenters, and all of your neighbors in Fox & Fell for a party. Bring a plate of your favorite finger food to share.

~Carol Harvey

Website Changes Coming!

Our vendor, Viibrant, is working on an update for our kaores.org website. Here are some changes we expect:

- A new look and feel for the pages, including the photographs.
- Easier for the Website Committee to make changes, so faster responses to requests.
- Quick Links may look different or be replaced.
- Some useful new features.

Look for a new Quick Start guide and new user manuals to appear when we convert to the new website.

~Tom Taylor



**Kendal Health Lecture
Alcohol and Substance
Abuse in a Family Practice
Thurs., April 4 - 7:15pm
AUD, KOTV**

Resident Dr. Thomas Klosterman will address his approach to drug and alcohol abuse problems in the clinical practice of medicine over many years.

A Night at the Bee 
Fri., April 19 
5:00-8:30pm
Lorain County Community College Spitzer Conf. Center, Elyria

This fundraiser for Lorain County's United Way is a friendly competition in four categories: Spelling, History, STEM, and Art.

Come be cheerleaders for our team and enjoy the buffet dinner, thrilling live competition, diverse silent auction, and a unique 50/50 Honey Pot raffle.

Bus leaves at 4:30pm. Sign-up sheet is at the open mailboxes. Tickets at the door or online: <https://uwloraincounty.org/anightatthebee/>

**Plans for Oberlin
Mon., April 22 - 7:15pm
AUD, KOTV**

Oberlin City Council members Ray English and Jessa New will provide overviews of the City of Oberlin's new comprehensive plan and downtown strategies plan. These plans chart major aspects for the city's planned future direction. Questions and discussion afterwards.

Oberlin Dance Company - Thurs., April 18 - 7:15pm - AUD

Oberlin College students directed by Holly Handman-Lopez, Assistant Professor of Dance, will present excerpts from the May 3-4, 2024, dance-theater showcase, *Your Sister in Exile*, a fictionalized telling of the collaboration and love affair between French sculptors Auguste Rodin and Camille Claudel.

Kendal's Bel Canto Ringers 
Sun., April 21 - 11:30am - First Church Fellowship Hall

Cheer on your fellow Kendalites at a short concert at First Church after the Sunday service. It's open to Kendal residents and First Church members.

Sign up for the Kendal bus.

~Betsy Allen



Lunch Bunch



Wed., April 10 
Kendal bus lv. 11:30am

This cornerstone in Oberlin has been recognized for its outstanding Asian food, excellent service, and friendly staff. If you pay in cash, you receive a 4% discount.

Lunch on your own. **Sign up for the free Kendal bus.**

**Music of an Indian Mystic:
Kabir Singers
with Prahlad Singh Tipanya
Mon., April 15 - 2:00pm - AUD**

Prahlad Singh Tipanya and his ensemble will sing the poetry of Kabir, the great iconoclastic mystic of 15th-century North India, in the vigorous and joyful folk style of Madhya Pradesh's Malwa region. Their performance will include translation of Kabir's poem-songs from Hindi into English.

**National Theater Live
Good** 
Wed., Apr. 17 - 7:00pm - Apollo

David Tennant (*Dr. Who*) stars in a blistering reimaging of C.P. Taylor's timely tale of a "good" German pulled into a movement with unthinkable consequences. **Sign up for the Kendal bus.** Senior tickets: \$18 at the door. The National Theater Live presentations are being shown at the Apollo.

🎵 Live Music at Kendal 🎵

**Kendal Presents
Sun., April 7 - 4:00pm - AUD**

Viola da Gamba Consort
Catharina Meints Caldwell, Tom Riis, David Dauphiné, Maya Ridenour

Toot Sweet Recorder Consort
Betsy Allen, Betsy Baumbach, Anne Helm, Steve Kerr, Anne Lockwood, Bruce Richards, Pete Richards, Jean Slonneger

The Kendal Choir
Directed by Carol Longworth and Tom Riis, with commentary by Bob Longworth

**Spring Song - Part I
Sat., April 13 - 4:00pm - AUD**

**Spring Song - Part II
Sun., April 14 - 4:00pm - AUD**

This musical reunion for Obies is an event primarily for Oberlin College alumni residents of Kendal. Two short recitals are planned, a delightful mix of instrumental and vocal music.

Included will be two contemporary works by celebrated Ohio composer Margaret Brouwer, Conservatory class of 1962. Featured will be a Haydn piano sonata, a Brahms clarinet sonata, and a concerto for two violins by J.S. Bach. For further information contact Nelson Cleary. **All are welcome.**

**Celebration Ringers
Sun., April 21 - 4:00 pm
AUD, KOTV**

This Strongsville group will play original compositions and popular tunes. The 18 players include Kendalite Betsy Allen, 5 octaves of bells, and 7 octaves of chimes.

**Concert by Oberlin
Community Music School
Sun., April 28 - 4:00 pm - AUD**

Students will present compositions by underrepresented composers.

Saturday Night Movies 7:15pm - AUD, KOTV

April 6 - The Tuskegee Airmen (1995) The true story of how a group of African American pilots overcame racist opposition to become the first squadron of Black pilots and one of the finest U.S. fighter groups in WWII.

April 13 - The Book Thief (2013) In 1939 Nazi Germany, Liesel Meminger, a foster girl living outside of Munich, scratches out a meager existence by stealing books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement.

April 20 - Honeyland (2019) When a family of nomadic beekeepers invade her land and threaten her livelihood, one of the last female wild beekeepers in Europe must save the bees and return the natural balance in Honeyland. Filmed in Macedonia, this is an exploration of an observational indigenous visual narrative that deeply impacts our behavior towards natural resources and the human condition.

April 27 - No film (Spring Fling! See p. 1).

The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100

Curio Cabinet Collectibles Needed!

Do you have a collection of small objects that you would like to lend for a six-week display in the Curio Cabinet by the main entrance to Heiser Center? Contact Nina Love!

Introverts Unite!
Contact Suzanne McDougal

Art Gallery News

The **Kendal Gallery** exhibition *Drawing with Paint and Color: A Retrospective* includes works created during the past several decades by Thomas R. Roesse, who was added to the Artists Archives of the Western Reserve in 2001. He will give an Artist's Talk at 4:00pm on Fri., April 5, in Heiser Auditorium and on KOTV.

In the **Community Gallery** is an exhibit of quilts and posters, *Women's Suffrage and the Ongoing Quest for Equality*, from fabric artists known as the Quilting Divas: Irene Armock-Schaaf, Mary Brown, Laura DeLind, Karin Miller, and Christine Worland. Their quilts chronicle five U.S. eras of women's rights. The center of each quilt showcases prominent women activists highlighted by fabrics indicative of the era. Diva Chris Worland presented an Artist Talk on March 30.

In the **Friends Gallery**, members of the Kendal Photography Interest Group continue to provide a variety of interesting and colorful photographs

Sunday Movies 7:00pm - WSCC

- Apr. 7 - Legal Eagles (1986)
- Apr. 14 - The Other Boleyn Girl (2008)
- Apr. 21 - Paper Moon (1973)
- Apr. 28 - Apollo 13 (1995)

Monday Documentaries 1:00pm - WSCC

- Apr. 1 - Einstein and the Bomb (2024)
- Apr. 8 - Totality: The American Eclipse (2017)
- Apr. 15 - Back to the Titanic (2020)
- Apr. 22 - Secrets of the Saqqara Tomb (2020)
- Apr. 29 - Kiss the Ground (2020)

Kendal Collects Is Coming! May 21-Aug. 19



One of the Art Committee's most popular exhibits is our summer biennial **Kendal Collects**. Residents are invited to submit one or two original works of art from their personal collections for display from May 21 to August 19 in the Kendal and Community galleries and the Curio Cabinet.

The Friends Gallery continues to be part of SCC construction.

Look for your entry form in your open mailbox in late April. Please plan to share your treasures with fellow residents and the community at large.

for the gallery wall that remains during construction.

Antique and/or "antique" cups and saucers are on exhibit in the **Curio Cabinet** until May 20.

The **Marketing Display Window** continues to exhibit a variety of birds and butterflies collected during travels on seven continents by Anne and the late Tom Martin.

Tuesday Themed Films 1:00pm - WSCC

- Apr. 2 - Love in the Time of Cholera (2007)
- Apr. 9 - Desk Set (1957)
- Apr. 16 - Titanic (1997)
- Apr. 23 - Pride & Prejudice (2005)
- Apr. 30 - Jane Eyre (2011)

Thursday Movie Musicals 1:00pm - WSCC

- Apr. 4 - Royal Wedding (1951)
- Apr. 11 - Grease (1978)
- Apr. 18 - Diana the Musical (2021)
- Apr. 25 - Oklahoma (1955)

For movie descriptions and details, see www.imdb.com.



The *Art in Our Lives* presentation is on April 4 at 1:00pm in the Art Studio. Louise Hausman will show and discuss her work in water-based oil paintings and oil pastels. Don Parker will show his dry pastel paintings, and they will discuss the difference in the two related media.

Kathleen Cerveny will be offering another opportunity to make a ceramic tea-light Holiday Tree. The class will take place Thurs. and Fri., April 18 and 19, 3:00-4:00pm. In addition, beginning in April, Kathleen will be available to work individually with residents on their own clay projects, by appointment, Fridays and Saturdays. Email Kathleen directly with your ideas.

Don will lead a two-session class on *Drawing with Depth*, pencil drawing landscape and still life using basic principles of perspective. Dates are Mon., April 15 and 22, 3:00-5:00pm. Contact Don for more information or to sign up.

A class in *Acrylic Pour* painting is scheduled for Tues. and Wed., April 16, and 17, 3:00-5:00pm. Contact Joyce if you would like information.

~Don Parker



Water-based oil painting (above) and oil pastel painting (below) by Louise Hausman.



Call for Nominees

Leadership Development & Nominations Committee

Deadline: May 15, 2024

Each year the LDNC receives residents' suggestions for nominees for the Kendal at Oberlin Residents Association (KORA) positions. These include KORA Officers, KORA Councilors, and members of the Leadership Development and Nominations Committee (LDNC).

We encourage all residents to consider serving and also to nominate candidates for positions.

The LDNC reviews nominations and interviews residents, with the goal of involving a wide range of residents in our community governance. In a given year we may receive more nominations than there are openings available; however, all suggestions are appreciated as LDNC maintains a pool of candidates for unanticipated openings and for openings in future years.

LDNC offers the following guidelines, when nominating a resident to serve the Residents Association:

- Ensure that nominees have lived at Kendal for at least one year.
- Obtain the consent of the person you are suggesting, making clear that your suggestion does not guarantee that they will be on the LDNC's recommended slate.
- Fill out an LDNC Nomination Form and place the form in open mailbox 45 Attn: Shirley Taylor.

Nomination forms and a Call for Nominations handout are available below the KORA Bulletin Board in Heiser Center. Complete job descriptions are in the brown notebook below the KORA Bulletin Board and on the Residents' Website (ABOUT -> KORA -> KORA COUNCIL, COMMITTEES & GROUPS)

If you would like to discuss a nomination or have questions, please contact a member of the LDNC: Ruth Ann Clark, Ann Francis, Kathy Hazelton, Elizabeth Hole, Sally Nelson-Olin, Shirley Taylor.

Celebrating Earth Week:

Excerpts from *Mosaic for Earth*

Thurs., April 25 - 7:15pm - AUD, KOTV

The Environmental Concerns Committee will present a video recording of the composer-conductor Dwight Bigler's *Mosaic for Earth*, an epic composition for choir and orchestra that hymns nature's bounty, tracks its modern desecration, and posits hope for its recovery.

Excerpts include the compelling introduction to the composition and several of its key movements. The libretto contains poetry and prose from works by such noted environmentalists as M. Scott Momaday, Terry Tempest Williams, and W.S. Merwin. *Mosaic for Earth* won the American Prize in Composition in 2023.

Mindful Mondays Lunch with Kim and Cyndi

Mon., April 8 - 12:00pm - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for conversation and discussion while enjoying lunch. No sign-up needed. **All are welcome.**

Save the Dates!

**BIG BUS to Cleveland
Museum of Art**
Tues., June 4 
9:30am–3:30pm



To reserve a bus seat, place \$35.00 check (made out to KORA) in mailbox #93 by May 3. **No refunds after May 4.**

Questions? Ask Gerry Findlan.

To buy exhibit tickets, see

www.clevelandart.org/exhibitions.

Upon request, the entrance fee for a caregiver accompanying a resident to a CMA exhibit will be waived.

Ohio Light Opera *Guys and Dolls*

Tues., June 25 - 2:00pm
Wooster 

Kendal bus leaves at 12:30pm and returns about 5:00pm.

Order your tickets online at <https://ohiolightopera.org>, then sign up for the bus.

Assuming 15–20 people, the cost will be \$20 per person for the bus.

Big Bus Trip to Blossom Sat., July 13

We are planning our Big Bus Blossom Bus trip for a wonderful evening of Rachmaninoff's Third with Domingo Hindoyan, conductor. A new trumpet concerto by Arutunian with Michael Sachs, trumpet, and Borodin Polovtsian Dances from *Prince Igor* with chorus complete the program. **Sign-up sheet coming soon.** ~Randy Wagner

Need Another 2024 KaO Directory?

To get an extra copy of the new 2024 phone directory, put \$3.00 in an envelope with your name on it in Box #8 and one will be delivered to you.

Did You Know?



Paper is a recycling success story! Check out the paper and cardboard recycling do's and don'ts at the table in Heiser Lounge, Mon., April 22 (Earth Day!) to Fri., April 26, sponsored by Environmental Concerns Recycling Subcommittee.

Conversations with Community

Flowers: How Do They Work, Why Are There so Many Kinds? Wed., April 17 - 7:15pm - AUD, KOTV

Every Kendal resident knows that flowers perform sex, but how is quite another matter. Resident David Benzing will describe how sexual reproduction as performed by the flowering plants both parallels and differs from that of humans. Also covered is why flowers exhibit so much variety, and more fundamentally how they promote botanical evolution.

Haitian Metal Art: Filigree from Trash Tues., April 23 - 7:15pm - AUD, KOTV

Since retiring from his career as an advertising executive, Joel Ross has become a part-time member of Kendal's transportation staff. Together with his wife Janet, who continues to work as a pastor, he created Beyond Borders, an import and wholesale company, where they worked with artists in Haiti to design, create, and distribute beautiful handmade metal art. We'll hear about the origin of this art and how it was made and marketed.



Suggestions and Concerns Mon., April 22 - 2:00–3:00pm Green Room (note changes)

We listen to your suggestion or concern in confidence (privately, if you wish), discuss it with you, and refer the matter to a pertinent department head or committee chair. ~Janet Newman, Chair

Movín', Movín', Movín'

Recent Moves

Abraham "Abe" Feingold from Pompano Beach, FL, in early March.

Dianne May from Taylorsville, UT, in early March.

Ron Kahn to a new Whittier room in early March.

Eileen Payton to Jameson House in early March.

Michael Muschitz to a new Whittier room in mid-March.

It's Time for the Plant Sale Fri., May 10 7:30am–4:00pm



The Horticulture Committee will have indoor and outdoor plants on sale in the Heiser West Corridor (from the mailboxes to the bank). They will be on tables as usual but no outside sale tables are planned this year.

We will have more geraniums this year and a variety of houseplants and vegetable plants to choose from. Some bulbs and root plants from the Courtyard Garden will be available for sale.

Volunteers will be on hand to help you decide which plant is best for you and to pack up your purchases.

Leftover plants will be available on the honor system all day Sat., May 11, and until noon on Sun., May 12. We are looking for your help with the sale. Please use the sign-up sheet under the mail boxes or contact Nick Long.

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on Kendal Library's center bookcase.

Fitness Lunch and Learn
Thurs., Apr. 18 - 12:00pm - Penn

Ever wonder about what we Fitness staff do, why we do it, and what drew us to this profession?

Come have lunch and meet Jill Tvaroha, a 30-year staff member at KaO, as well as Claire Regan, who's been here 1.5 years, and our new staff member Jasmine Billock, who is in her first 90 days!

Pick up your lunch tray in Langston and bring it to the Penn to talk with us. ~Kathy Caldwell



Newcomer Introductions
Wed., Apr. 17 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with your new neighbors! ~Sharon Furrow



2/18/24, flock of Eastern Blue-birds, suet feeder #64, Mary Clare Beck; 2/19, Bald Eagle, over main ponds, Jim and Kate Walsh; 2/20, 7 Wild Turkeys, behind Apt. #251, J. Walsh; 2/20, pair of Northern Flickers, suet feeder #1, Dorothy MacIntyre; 2/21, Eastern Bluebirds, near #32, Maureen Bailey (Hskpg); 2/21, 5 male Cardinals, at bird feeder #140, Catharina M. Caldwell; 2/24, 300+ large gulls, mix of Herring, Great Black-backed, and Glaucous, NRT Park Pond, Anne Martin; 2/25, flock of Wild Turkeys, behind #64 and in area to east, M.C. Beck; 2/27, Ross' Goose, Rock Pond, Mary Van Nortwick; 3/2, flock of Grackles, behind #65 and in area to east (early a.m.), Larry Porter; 3/2, Mute Swan, Rock Pond, Prudy Hall; 3/3-4, Mute Swan, Rock Pond, Carol Conti-Entin, Jonathan Entin; 3/4, 4 Trumpeter Swans, Rock Pond, Dina Schoonmaker; 3/5, Muskrat, Vernal Pool, Anne Helm; 3/14, Ring-necked Duck, Farmer Pond, Prudy H. ~Mary Joy Leaper

Racial Equity Forum
Assimilation vs. Integration in Music Education
What does it mean to diversify Western classical music?
Mon., April 29 - 7:15pm - AUD, KOTV

Chris Jenkins, Oberlin Conservatory Associate Dean and author of *Assimilation vs. Integration in Music Education*, will discuss his book and the interviews he conducted with undergraduate and graduate students in music departments and/or conservatories.

Continue the Conversation on Tues., April 30, at lunch in the Den at 12:00pm.



Did You Know?

Junk too big for trash cans – such as nonfunctioning small household appliances, bent racks, moldy luggage – can be picked up by Facility Services (call Dagney Engler to arrange). Do NOT leave these items in the trash rooms.

~Mary Joy Leaper,
 Environmental Concerns Committee

Israeli-Palestinian Conflict Study Group Planned

The current Israeli-Hamas war is the latest event in a long history of conflict between Israelis and Palestinians. A number of residents are interested in forming a book club/study group to learn more about the history of this region and its people.

If you are interested in joining such a group, please contact Arlene Dunn.

You can call 440-775-9868 to hear announcements and menus of the day.

Kendal Kryptogram #225 – by Nina Love

MONTH TB YLX UNEXHXBY APRYL KEY MHBP
YLX APBY RXUXBBMNS CPN DNP FYL.

~XHTQM KXYL DNMS

Solution to Kryptogram #224: "Be yourself. Everyone else is already taken."
 ~Oscar Wilde

Kendal at Oberlin Health Services Forum
Wed., May 1 - 4:00pm
AUD, KOTV

- Maximizing your Health and Wellness Clinic benefit, with Nurse Practitioner Chrystn Petsas
- Falls prevention and how to fall safely
- Q and A with Georgia Newman, MD, Medical Director
 ~Stacy Terrell, Chief Health Services Officer

Horticulture News

Spring has come and your Horticulture Committee has some interesting activities underway.



- You can still start seeds indoors at your cottage but there is no open space under the grow lights in the Horticulture Room.
- Is this your year to start a garden plot in the Community Garden? There are currently three 10'x10' plots available. If you'd like to arrange a tour, call Charlotte Elsner or leave a note in her open mailbox.

We the People

This year's 4th of July parade is based on the theme that *We the People* care about our Constitution. That sometimes *in the course of human events, it becomes necessary* for the people to stand up and show what we care about.

So this July 4th, Kendal at Oberlin staff and residents will march to show that we care about the Constitution and its laws, rights, and responsibilities. Individuals and groups are encouraged to consider what part of the Constitution is of particular importance to you.

Placards will be available for to write your messages on. Groups may request their own section of the parade.

If you have questions or suggestions, please contact Elizabeth Hole.

Chalk Walk 2024

Sat., June 22 (Rain Date: Sun., June 23)

10:00am–4:00pm - Downtown Oberlin

One of the great benefits of living in Oberlin is that there are many community celebrations and events. One that's especially important for our Kendal Community is the Oberlin Chalk Walk.



Oberlin City has a community committee which plans, funds, and oversees the event. But the actual distribution of chalk and other supplies is the responsibility of our Kendal at Oberlin residents. Each year about three dozen Kendal volunteers give out sidewalk chalk to anyone who shows up; these participants then pick out a spot on downtown Oberlin's sidewalk and draw anything they want. This year we expect about 2,000 artists from all over the region to join in the festivities.

Kendal volunteers work in two-hour shifts at assigned locations in downtown Oberlin to register the artists, hand out supplies, and have a good time chatting with people. Supplies provided by the city include lots of drinking water, chalk, cardboard to kneel on, sponges to smooth out drawings, and cleaning wipes to remove chalk from the artists' hands.

To sign up as a Kendal volunteer, please email Tom Taylor or put a note in his open mailbox. It's that simple! ~Tom Taylor, Kendal Chalk Walk Coordinator

March in Oberlin's 2024 Big Parade on Sat., May 4

The Kendal Precision Lawn Chair Drill Team will be doing its inimitable routines at the head of the Big Parade! Don Parker will be leading the Brigade as well as the practice sessions (time TBD) during the week before the parade. On Saturday, the parade concludes with a celebration in Tappan Square. Veteran marchers, novices, and everyone else who would like to join the fun – come and show Oberlin that we at Kendal not only age well, but with humor and high spirits. No prior experience needed. Contact Don Parker to sign on.

Volunteers for Bubble Play

The Friends of Westwood Cemetery are celebrating their 10th anniversary on Sat., June 8. (Rain date: June 9). They have asked if any Kendal residents would like to volunteer for an hour between 1:30–3:30pm to do bubble play with a small group of children on the grass, close to the caregiver cottage at the front of the cemetery.



Contact Ann Findlan if you are interested in a fun time with bubbles!

Social Services Advance Directives Annual Workshop Tues., Apr. 16, 10:30am–12:00pm Ed Center Training Room



Join Cyndi Moran and Kim Peters to:

- Review when your Health Care Power of Attorney (HCPOA) is activated.
- Define what a Living Will is (not a Do Not Resuscitate [DNR] order).
- Share resources that may help you talk to your loved ones about what you define as quality of life.

Please sign up on the sheet at the open mailboxes. Contact Kim Peters, 440-776-5016, kpeters@kao.kendal.org or Cyndi Moran, 440-775-9814, camoran@kao.kendal.org.

Kendal Ride Share Program Needs Drivers

Since 2016 the Ride Share program has been part of the KORA Transportation Committee. In this program qualified residents provide transportation to other residents for medical appointments outside of Lorain County. It costs \$10/yr. to enroll in this program and be eligible for a ride.

Residents who are eligible can schedule transportation to medical appointments in Cleveland, Akron, and surrounding areas. Many residents already provide rides for friends and neighbors. Ride Share's purpose is to ensure that everyone needing a ride has an opportunity to secure one at minimal cost. (A commercial ride to downtown Cleveland can cost \$150 or more).

However, there has been an attrition of volunteer drivers. If you would be interested in being a driver, contact Gerry Findlan or Kenneth Cheek to receive information regarding becoming a driver and other details.

Most volunteer drivers make a trip once every two or three months.

This is a wonderful program for Kendal residents, and we hope you can help it continue.

~Ken Cheek, Transportation Committee

From the John Bartram Arboretum Celebrating Arbor Day

Saying YES to Arbor Day means pitching in for a greener future. The Arbor Day Foundation encourages groups of people to have educational components such as talks, informative tree walks, and taking action as part of their Arbor Day. In this part of the U.S. the chosen day often occurs in April, but it may be at other times in other places. Some South Florida cities have chosen January; Colorado has chosen May.

We have had a variety of activities here at Kendal in past years. In 2016 Jim Chatfield walked with us through the Arboretum, showing us what he noticed as he went: things from volcano mulching to construction areas and which trees and shrubs can be saved and what needs to be done to protect them. Later that year Alan Siewert, for whom the honorary Bur Oak north of the Education Building is planted, taught the Tree Commission Academy.

One educational piece of our John

2024 Arbor Day Celebration

Greg Miller, American Chestnut Foundation, Ohio Chapter
Tues., April 23

10:00am, AUD, KOTV - Efforts to Restore the American Chestnut in our Forests

1:00pm, Wildflower Hill - Survey of Chestnut plantings

2:00pm, Wildflower Hill - Chestnut tree planting demonstration



New bench and walkway by Bur Oak honoring Alan Siewert.

Bartram Arboretum 2024 Arbor Day celebration was a three-part Life-Long Learning class offered by David Benzing, Professor Emeritus of Biology, Oberlin College, entitled “Lorain County’s Natural Capital and Environ-

mental Services: Much Degraded but Still Recoverable.”

Rachel Duncan, our horticulturalist and certified arborist, wrote and received an educational grant from the Ohio Chapter of the American Chestnut Foundation to bring in an expert speaker to give a lecture, screen a documentary, and do an educational planting. Greg Miller of the Ohio Chapter will present our Arbor Day program on Tues., April 23 (see above).

Join us and encourage others to participate!

~Anne Helm for the Arboretum Committee

References:

- *Arbor Day Foundation*

Spring in the Courtyard Garden

Kendal residents are enjoying the continuously unfolding display of spring bulbs in our Courtyard Garden. First to arrive: crocus of many colors, numerous kinds of daffodils, and winter aconite. Our local woodland “spring ephemerals” include bloodroot, large-flowered trillium, and Virginia bluebells. Additional bulbs, represented by many varieties of hyacinths and tulips, come later in mixed and pure arrays scattered almost everywhere.

Having survived their third winter, Brutus and Woody, our two painted turtles, can often be seen taking in some sun perched on the rocks that border their pool. Woody, who lacks a hind leg, continues to do quite well. An attempt last summer to make a reptilian threesome failed; the added member proved overly aggressive. He or she (we never figured out the gender) currently resides in Center Pond whence it came.

Designed to be therapeutic rather than strictly aesthetic, our courtyard garden is worth a regular visit. Our collection of hardy cacti will begin flowering in late May and continue well into June. And then come the fruits. The strawberries are a sure thing, but the spring arriving so early this year almost surely will deny us our peach crop.

~David Benzing and Tom Taylor



KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday
11:00am–5:00pm
(closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$9,525. Off to a great start!

Oberlin Equity Conversation Cancelled for April

Terri Richardson-Sanders, City of Oberlin Equity Coordinator, is unable to meet with us in April. She will return in May for a conversation about our city and how we can support equity in Oberlin.

IN MEMORIAM

AMY MITCH
MARCH 10, 2024

Bill Long Foundation Annual Meeting

Wed., April 3 - 6:00pm: Social; 7:00pm: Annual Meeting - AUD

Only BLF members may vote for board members and consideration of funding requests for the coming year. Interested non-members may attend, or join at the door for \$10. Refreshments will be provided. Questions? Ask Del Mason.

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic.

We meet outside the Heiser Reception Desk every Saturday at 9:00am (weather permitting) to car pool. Come join us!

- **April 6** Vermilion River - Bacon Woods
 - **April 13** Rowland Preserve
 - **April 20** Carlisle - Meadow Loop
 - **April 29** Sandy Ridge
- Questions? Contact Phil Pritchett.



Solo Diners: Come fill our table!

Solo Diners

Tues., April 23 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click “Directory” under the “People” tab. You must be logged in for access.



Interested in Rollator Dancing?

If you use a rollator and would like to try dancing, join us in Heiser Auditorium at 5:00pm every Tuesday. Dances will be in the style of English Country dance and American Contra dance, modified for rollators.

You don't have to know anything about these kinds of dance because all dances will be taught and called by Jan Larsen. Music will be provided by the band *Confusion* but when the band is out of town, we will dance to recorded music. Observers are welcome to come hear the music and watch the dancing.

Let's Dance!

English Country Dancing to live music played by Consensus

Sundays - 7:15pm - AUD
Contact: Judy Cook

Line Dancing

Mondays - 4:15pm - AUD
Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm - AUD
Contact: Donna and Larry Steele



Event Links

- For “inside Kendal” program links, **contact Carol Harvey**.
- For “outside Kendal” community cultural and educational ad hoc events, **contact Barbara Gordon-Lickey**.

Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Thomas Ed Ctr, Zoom

Oberlin Unitarian Universalist Fellowship

Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room

Christ Episcopal Communion
Thurs., April. 11, 10:00am, Green Room

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!**

~Phil Pritchett

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons
Profile Photos: Sally Nelson-Olin

- Deadline for the May 2024 issue of *The Kendalight* is April 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: kite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



The Bistro has been open in the Langston for a month now. If you haven't taken the time to sample the menu, we urge you to do so.

The menu was carefully constructed to give diners the opportunity to create a variety of attractive bowls, flatbreads, salads, and sandwiches. After some complaints, the grains, vegetables, and proteins for the bowls are now being served hot. Toppings like chutneys, guacamole, and hummus are still cold.

For the most part, main dishes are prepared to order. If you notice an entree being held on a warming plate and you prefer to have your serving cooked fresh, just request that yours be made from scratch. This of course means that you will have to wait a few

extra minutes for its completion.

The Bistro menu will be served at lunch and dinner for two or three weeks at a time. We are counting on residents to use their ingenuity to create variety using these menus. Because the dining staff is scrambling to offer these new menu options, we do not yet have complete ingredient lists. You can always ask for clarification and ingredient lists if you are in doubt.

You can expect some changes in the coffee cup and drink cup arrangements. We are not sure what cups will be available, but the compostable cups are not working well, so expect some variation in the cup availability.

~Barbara Pierce, Chair,
Dining Matters Committee

Essential Tremor Group Tues., Apr., 9 - 3:00pm - Crossroads

Essential tremor is familiar to Kendal residents because it is very common and worsens with age. Significant impairment occurs in over 10% of people who are over 80. The main symptom is shaky hands, but the tremor may also occur in the head, jaw, or voice. Handwriting, sewing, drinking from a glass, and eating with silverware can become very frustrating. Thanks to recent research there are effective treatments for hand tremor but not yet for tremor of the head, jaw, or voice.

The Essential Tremor Support Group is open to all residents who want to learn more about this frustrating malady. Sharing experience is one of the best things we can do to help each other. We discuss coping strategies, assistive devices, research progress, pros and cons of treatment, and anything else that is relevant to our experience with essential tremor. Contact Marvin Gordon-Lickey. **All are welcome.**

Centering With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers our community a time to reflect on suggested topics. Contact Kim Peters for the Zoom link (kpeters@kao.kendal.org).

Grief Support Group Tues., April 23 - 10:00am Green Room

We meet on the fourth Tuesday of the month, facilitated by licensed social worker Melissa Thompson. Our group is inclusive to anyone who has experienced a significant loss. Contact Melissa (mkthompson@kao.kendal.org).

UU Kendal Gathering 2:00–3:00pm - Crossroads Tues., April 9 - Lift Your Spirit: Poems, Songs, Stories

Tues., April 23 -A Community
Conversation
Rev. Mary Grigolia. **All are welcome.**

Meet a Dining Star Kieran Thornhill

Kieran lives in Oberlin with his mom (a hospital nurse), his dad (who works at the FAA Cleveland Air Route Traffic Control Center), sister Kenzie (age 1) and brother Kaden (13). His father came here from Trinidad and Kieran goes there to visit family.

A graduate of the Oberlin school system, he played soccer at Oberlin High School, coaching 13–14-year-olds in the game (as well as some young soccer players who were only 3-5!).

Kieran hopes to be accepted at the FAA after he completes one more year at Lorain County Community College.

He loves music, especially Billy Joel and SOCA-Soul and Calypso, and his two cats and two dogs. And you can tell by his always smiling face that he loves to be here and talk to residents!

If you have not met Kieran yet, seek him out!
~Priscilla Steinberg



Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am–12:00pm

We do simple sewing jobs for residents only. Bring your clean, bagged items to the Craft Room anytime, place them on the table, fill out the work order form. Or stop by during open hours.

Cognitive Issues Discussion Group Fri., April 26 - 10:30am Ed Ctr Training Rm

All are welcome. ~Jesse Carlock

Need to Change a Date for a Scheduled Event? Notify *The Kendalight* and WKAO so we can update your event on the website or elsewhere!

Going to the many music programs here at Kendal always gave me great pleasure. I want to continue to go, but it's hard for me since I moved to the Care Center. Please come and walk down to the auditorium with me so I can **STAY CONNECTED.**



SUN	MON	TUE	WED	THU	FRI	SAT	
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see p. 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Time</u> 11:00am Zoom, WSCC</p> <p><u>Documentary (see p. 4)</u> 1:00pm WSCC</p> <p><u>Line Dancing</u> 4:15pm AUD</p> <p><u>The Crown</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Rollator Dancing</u> 5:00pm AUD</p> <p><u>Travels by Narrowboat</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 1:00pm WSCC</p> <p><u>SCC Council</u> 4/17 4:00pm</p> <p><u>Song Swap</u> 4/10, 4/24</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Christ Episcopal Communion Service</u> 4/11 10:00am Green Rm</p> <p><u>Musical Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm AUD 4/11, 4/25</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 1:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Ken Burns: Civil War</u> 1:00pm WSCC</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see p. 4)</u> 7:15pm</p>	
<p>Earth Week April 22-26</p> <p>Featuring paper and cardboard recycling do's and don'ts in Heiser Lounge </p>	1	2	3	4	5	6	
<p>7</p> <p>Live Music Kendal Presents: Viola da Gamba, Toot Sweet, Kendal Choir 4:00pm AUD</p> <p>Oclipse Concert Series Faculty/Student recital 7:30pm Warner </p>	<p>8</p> <p>Total Eclipse! (See p. 1) 1:00-4:00pm  Outside, HL, AUD, WSCC</p> <p>Lunch with Kim & Cyndi 12:00pm Den</p> <p>Memory Course 1:00-2:00pm Ed Ctr Training Rm</p>	<p>9</p> <p>LLL Class: Same-Sex Desire in Classical Lit., Kirk Ormand 10:30am AUD</p> <p>Lift Your Spirit with Song, Poems, Stories 2:00pm Crossroads</p> <p>Essential Tremor 3:00pm Crossroads</p>	<p>10</p> <p>Coffee Hour with Seth 9:30am Langston, Zoom, KOTV</p> <p>Lunch Bunch Ying's Asian Cuisine 11:30am </p>	<p>11</p> <p>Len's Trolley 4:30pm HL</p>	<p>12</p> <p>Artist's Talk <i>Drawing with Paint and Color</i> Thomas R. Roese 4:00pm AUD, KOTV</p> <p>Oberlin Chamber Orchestra, R. Jimenez, conductor 7:30pm Finney </p>	<p>13</p> <p>Spring Song - Part I 4:00pm AUD</p>	
<p>14</p> <p>Spring Song - Part II 4:00pm AUD</p>	<p>15</p> <p>Kabir Singers with Prahlad Singh Tipanya 2:00pm - AUD</p> <p>Memory Course 2:00-3:00pm Ed Ctr Training Rm</p>	<p>16</p> <p>LLL Class: Kirk Ormand 10:30am AUD</p> <p>Adv. Directives Workshop 10:30am-12:00pm Ed Center</p> <p>Meditations for Living and Dying Well 1:00-2:30pm Ed Ctr</p>	<p>17</p> <p>Newcomer Intros 4:00pm KOTV</p> <p>National Theater Live <i>Good</i> 7:00pm Apollo tx </p> <p>Flowers: How Do They Work and Why Are There so Many Kinds? 7:15pm AUD, KOTV</p>	<p>18</p> <p>KORA Council 10:00am AUD, KOTV</p> <p>Fitness Lunch & Learn 12:00pm Penn</p> <p>Hearing Issues 3:00pm Ed Ctr Room</p> <p>Oberlin Dance Company 7:15pm AUD</p>	<p>19</p> <p> A Night at the Bee 5:00-8:30pm tx LCCC Spitzer Conf. Ctr, Elyria Bus lv 4:30pm </p>	<p>20</p> <p>Met Opera, Puccini's <i>La Rondine</i> 12:55pm Apollo tx </p>	
<p>21</p> <p>Kendal's Bel Canto Ringers  11:30am First Church</p> <p>Celebration Ringers 4:00pm AUD, KOTV</p>	<p>22 Passover Begins</p> <p>Memory Course 2:00-3:00pm Ed Ctr Training Rm</p> <p>Suggestions, Concerns 2:00pm Green</p> <p>Plans for Oberlin 7:15pm AUD, KOTV</p>	<p>23</p> <p>Arbor Day Celebration 10:00am AUD, KOTV</p> <p>Grief Support Group 10:00am Green Rm</p> <p>UU Gathering 2:00pm Crossroads</p> <p>Solo Diners 5:30pm Den</p> <p>Haitian Metal Art: Filigree 7:15pm AUD, KOTV</p>	<p>24</p> <p>Exchange with Seth 4:00pm AUD, KOTV</p> <p>Arts and Sciences Chamber Collective Orchestra 7:30pm Finney </p>	<p>25</p> <p>Excerpts from <i>Mosaic for Earth</i> 7:15pm AUD, KOTV</p>	<p>26</p> <p>Cognitive Issues Dis- cussion Group 10:30am Ed Ctr Room</p> <p>ARS: <i>Silkwood Ensemble</i> 7:30pm Finney tx </p>	<p>27</p> <p> <i>Spring Fling!</i> 7:15pm - AUD, KOTV</p>	
<p>28</p> <p>Oberlin Community Music School Concert 4:00pm AUD</p>	<p>29</p> <p>Memory Course 2:00-3:00pm Ed Ctr Training Rm</p> <p>Assimilation vs. Inte- gration in Music Edu- cation 7:15pm AUD, KOTV</p>	<p>30</p> <p>Music Education Cont. the Conv. Lunch Noon Den (see p. 7)</p> <p>Meditations for Living and Dying Well 1:00-2:30pm Ed Ctr</p>	<p>April 2024</p> <p>Zoom: See <i>kaores.org</i> Calendar for link.</p> <p>KOTV: Cable 920, 19-2, or 95-101</p> <p>WSCC: Cable 921, 20-1, or 96-100</p>			<p>Note: "Home" events (at Kendal) are in Bold. "Away" events are not.</p>	